

Safety Tips from the WorkSafe People

First Aid Checklist				
Location/Department:		Date of Inspection:		
Inspectors:				
Corrective Actions: Work order/memos were issued: <input type="checkbox"/> Yes <input type="checkbox"/> No Date issued:				
The following safety and health checklist is based on the OSHA CFR 1910.151 and American National Standards Institute standards. It may not include <i>all</i> conditions, as it is intended to be used only as a guide.				
Topic Description	Yes	No	N/A	Comments
Does your company require each employee to have a pre-employment physical examination?				
Is there a hospital, clinic, or infirmary for medical care in proximity (10 min.) to your work place?				
If medical and first aid facilities are not in proximity (10 min.) to your workplace, is at least one employee on each shift currently qualified to render first aid?				
Are medical personnel readily available for advice and consultation on matters of employees' health?				
Are emergency phone numbers posted in your work area? The 911 number should be the standard.				
Are first aid kits easily accessible to your work area, with necessary supplies available, periodically inspected and replenished as needed?				
Have first aid kit supplies in your work area been approved by a physician, indicating that they are adequate for a particular area or operation?				
Are means provided for quick drenching or flushing of the eyes and body in areas where corrosive liquids or materials are handled? Are eyewash stations and showers needed?				
If you have designated personnel to provide first aid, do you have a bloodborne pathogens program (CFR 1910.1030)?				
Are designated first aid providers trained in the potential hazards of bloodborne pathogens, and:				
Are they trained in universal precautions?				
Are they aware of appropriate PPE that should be used to reduce the likelihood of infection?				

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If you do not wish to designate first aid providers, and are not required to, do you have a policy stating this?				
Topic Description	Yes	No	N/A	Comments
In emergency situations, are employees trained to:				
Get medical assistance immediately and do they know whom to call?				
Bring help to the victim; don't bring the victim to the help?				
Know where to find first-aid kits?				
The following list sets forth the minimally acceptable number and type of first-aid supplies for kits (ANSI Z308.1 – 2003)				
1 ea. Absorbent Compress 32 sq. inch (No side smaller than 4 inch)				
16 ea. Adhesive Bandages, 1" X 3"				
1 roll Adhesive tape, 3/8" X 5 yd.				
10 ea. Antiseptic Applications, 0.5g application				
6 ea. Burn Treatment applications, 0.5g application				
4 ea. Sterile Pads, 3" X 3" min.				
2 pr. Medical Exam Gloves				
1 ea. Triangular Bandage, 40" X 40" X 56" min.				
Other recommended contents				
*Oral analgesics				
*Antibiotic treatments (skin)				
*Compress bandages				
*CPR barrier mask				

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*Burn dressings				
*Cold packs				
*Eye covers				
*Eyewash solution (maintain within expiration date)				
*Roller Bandage (gauze)				

* Additional items not addressed by the standard should be in compliance with the U.S. Food & Drug Administration (FDA) or any other governing body or regulation.